



COVID-19 Pandemic Training Consent and Release of Liability Form

I, _____ knowingly and willingly consent to attend the self-defense training 'Lectures' with Global One Defense Instructors during the COVID-19 Pandemic.

On behalf of myself, I knowingly and freely, assume all such risks, both known and unknown, relating to my Global One Defense Training and I hereby forever release, waive, relinquish, and discharge Global One Defense along with their Instructors, staff, officers, directors, managers, officials, trustees, agents, employees, or other representatives, and their successors and assigns (collectively, all the "Training Representatives"), from any and all claims, demands, liabilities, rights, damages, expenses, and causes of action of whatever kind or nature, and other losses of any kind, whether known or unknown, foreseen or unforeseen, (collectively, "Damages") as a result of my Global One Defense Training as described above, including but not limited to, those related to the above described personal Injuries, death, disease or property losses, or any other loss, and including but not limited to claims based on any alleged negligence of any Training Instructor Representative or any other person. _____ (initials)

I understand the COVID-19 virus has a long incubation period during which carriers of the virus may not show symptoms and still be highly contagious. It is impossible to determine who has it and who does not, given the current limits in virus testing. _____ (initials)

Global One Defense Self-Defense Training creates constant and repetitive Hand-to-Hand contact. It is that personal contact that can cause the spread of the disease. The ultra-fine nature of the spray from one's nose or mouth can linger in the air for minutes to sometimes hours, which can transmit the COVID-19 virus. _____ (initials)

- I understand that due to frequency of contact with my fellow training participants during my Self-Defense Training, the characteristics of COVID-19 have an elevated risk of contracting the virus simply by touching one another. _____ (initials)
- I have been made aware of the CDC, State of New Mexico guidelines that under the current COVID-19 pandemic. _____ (initials)
- I understand that in connection with my training with Global One Defense (G.O.D.) that this waiver, release and other representations set forth herein are given in consideration for G.O.D. permitting me to train with them. _____ (initials)
- Acceptance of Risk; Release; Indemnification. I am fully aware that there are a number of risks associated with my training session during the COVID-19 pandemic, including without limitation:
 - (a) I could contract COVID-19 or other diseases such as the flu which could result in a serious medical condition requiring medical treatment in a hospital. _____ (initials)
 - (b) I will be subject to normal risks associated with my presence during any Self-Defense Lecture Training as well. _____ (initials)
- I do not have any of the following COVID-19 symptoms: Fever, Shortness of Breath, Dry Cough; Runny Nose; or Sore Throat _____ (initials)
- I understand that air travel significantly increases my risk of contracting and transmitting COVID-19 virus, and the CDC recommends social distancing of at least 6-feet for a period of 14-days who has and that there will be no hand to hand contact whatsoever. _____ (initials)

I further promise not to file a law suit or sue Global One Defense or any Global One Instructor or Representative and agree to indemnify and hold them harmless from any and all Damages resulting from any of my Global One Defense Self-Defense Lecture Training. _____ (initials)

Block Print Name of Training Participant _____

Email: _____

Cell: _____

SIGNATURE: _____

DATE: _____